

CSRT Newsletter

September 2016

Keeping members current on issues that matter

RT Week Contest – Use your creativity to win \$500!

The CSRT is launching a contest where RTs and students are invited to do a short video (90 secs max). The theme this year is ***“Celebrating the profession!”*** **This contest runs until October 7th, 2016.** For more information and instructions on how to upload your video click here <http://www.csrt.com/rt-week-contest/>.

Tell us about your experience! All videos submitted will be posted to the CSRT members from October 13th to 23rd and we will ask members to vote for the best one. The video with the most votes wins \$500. The winning video will be announced during RT Week, October 23rd-29th.

RT Week Promotional items to be ordered

This year, for the 2016 RT Week celebrations, you can order RT Wall Calendars (dimensions 22” wide x 34” tall) and “What is an RT?” Brochures (to be distributed to the public). Orders will be filled on a first come, first serve basis. You can place your order at <https://form.jotform.com/52030775785965>

The CSRT will also offer a series of free webinars during this week – there are webinars of interest in various areas of practice. In addition, please visit the CSRT website for ideas on what you can organize for RT week – you can review the “How-To” guide here <http://www.csrt.com/rt-week-guide> that provides ideas such as *“How to... Reach out to your patients”*, *“How to... Recognize your coworkers”* and *“How to... Host an education session”*.

Share your experiences with us on social media using **#RTWeek2016!**

Free webinars for Respiratory Therapy week (October 23-29)

A series of free webinars of interest to various areas of practice are being offered by the CSRT for RT week. More details to follow in the next newsletter and on our website, or you can follow us on social media where we will post information as it is finalized.

Monday, October 24th, 12:00 PM EDT

JOURNAL CLUB: Efficacy of a self-management plan in exacerbations for patients with advanced COPD

Presenter: Ashley Kitteringham, RRT CRE

Area of practice: Chronic care

Article: Sánchez-Nieto J.M., et al. (2016). Efficacy of a self-management plan in exacerbations for patients with advanced COPD. *Int J Chron Obstruct Pulmon Dis.* 2016; 11: 1939–1947. doi: 10.2147/COPD.S104728.

Link to article: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4994798/> (Article is open access.)

Monday, October 24th, 3:00 EDT

Webinar: Using HFJV to Avoid Hurting the Patient You Are Trying to Save

Presenter: Evan Richards, Bunnell

Area of practice: Critical care

Tuesday, October 25th, 12:00 PM EDT

WEBINAR: Procedural Sedation and Capnography in the Specialty Suites

Presenter: Erin McLaughlin RRT, Medtronic

Area of practice: Anesthesia and General Practice

Tuesday, October 25th, 3:00 PM EDT

WEBINAR: Using Leadership Skills Outside Respiratory Therapy

Presenter: Ray Hubble MEd RRT FCSRT

Area of practice: Leadership

Thursday, October 27, 12:00 EDT

WEBINAIRE (*PRÉSENTATION EN FRANÇAIS*): L'EtCO₂ en sédation procédurale, un outil facile et sécuritaire

Presenter : Annie Bélanger, Spécialiste clinique, Medtronic

Milieu de pratique: Anesthésie et soins généraux

Thursday, October 27, 3:00 PM EDT

WEBINAR: What's Hot in OSA

Presenter: Dr. Mark Rasmus, Sleepedu.org

Area of practice: Diagnostics, General Practice

Friday, October 28, 12:00 EDT

WEBINAR: Dealing with Death (Presentation for students)

Presenter: Sam DaCosta, RRT

Free online courses for RT Week (October 23-29)

Sleepedu.org is giving all CSRT members one FREE course for Respiratory Therapists Week! To take advantage of this great offer, visit www.sleepedu.org, choose any of the courses that have been approved for CSRT CE/CPD credits and proceed to the checkout. Be sure to enter the coupon code WeTheBreath to receive access to your course for FREE! This offer is valid from October 23rd-November 1st, 2016. Courses take approximately one hour and cover a range of areas of practice. Only one course is available per customer and a pdf viewer and Flash player is required. All CSRT members who complete their course will receive a certificate of completion for their records.

Update – private practice for respiratory therapists

The CSRT continues to work towards establishing more opportunities for RTs in private practice. Medavie Blue Cross, which launched its Employer-sponsored benefits for the management of COPD and Asthma, will soon add a module for Smoking Cessation. This will provide more opportunities for private practice for respiratory therapists. A private practice tool kit that is specifically designed for RTs who want to enter private practice has been developed and is available on the CSRT web site under the Professional Practice section: <http://www.csrt.com/private-practice-toolkit-for-rt/>.

As we move forward, the CSRT continues its private practice workshops for RTs in New Brunswick, Nova Scotia and Newfoundland. In order to be successful in setting up RTs for private practice, we must also raise awareness to ensure that patients are aware of the role of respiratory therapists. We intend to also launch some family physician awareness programs to highlight the role of the RT in the management of chronic respiratory disease and smoking cessation. At this time we have limited funds but we keep working at obtaining funding to implement more private practice initiatives across the country.

Update – Certification of Anesthesia Assistants

As reported, the CSRT established an interprofessional AA Certification Workgroup in August 2015 with a mandate to establish national standards for the education and practice of anesthesia assistants. The interprofessional AA Certification Workgroup finalized its activities in August 2016 - AA National Competency Framework was validated; an interprofessional AA exam committee was established; and an accreditation process for AA education programs is now available. It is anticipated that the new graduates from AA programs will have to pass the national AA certification exam. **Individuals who are already working exclusively as AAs will not have to write the exam.** The CSRT continues to offer its AA-CSRT certificate to all AAs who are members in good standing of the CSRT (registered or associate) and who have graduated from AA programs in the past or have 5 years of clinical experience working exclusive as an AA. Visit our website to view the validated AA National Competency Framework (<http://www.csrt.com/?wpdmdl=14897>) and to get more information on the AA-CSRT certificate (<http://www.csrt.com/aa-certificate/>).

Update – 2016 national Competency Framework for Respiratory Therapy

As you know the process for the development of National Competency Framework (NCF) was initiated almost two years ago, in October 2014. As we are nearing the end of the process, we wanted to provide an update as to the next steps. Since the discussions on the last draft of the entry to practice NCF with education stakeholders in May 2016, the Steering Committee has done a thoughtful review of the feedback received which resulted in some changes to the NCF; they finalized the degree of mastery of skills, knowledge and values required at each career stage (Experienced Professional, Senior Professional and Expert); and completed a thorough editorial review of all documents.

During the final review process, it was felt that the entry-to-practice national standards required for licensing was an essential national standard that had to be met by all RTs while the NCF for the career stages were guidelines to help the profession move forward throughout their career in respiratory therapy. Therefore, the final 2016 National Competency Framework for Respiratory Therapy will include two parts:

Part I – entry to practice national standards that must be achieved for the RRT credential

Part II – career stages competency guidelines to help guide RRTs throughout their career development.

On August 31, the documents (Part I and Part II) were sent to all regulatory bodies for approval by their Board of Directors / Council. On October 1, these documents will be brought forward to the Board of Directors of the National Alliance of Respiratory Therapy Regulatory Bodies for approval. We anticipate that the 2016 NCF will be launched in November 2016.

Reminder of upcoming deadlines

- **Call for Presenters – 2017 CSRT Annual Education Conference DEADLINE October 15th**

RTs are invited to submit a presentation for the 2017 CSRT Annual Education Conference which will be held in Halifax, NS from May 11-13, 2017.

For more information and submission form please follow this link: <http://conference.csrt.com/>

- **Nominations for CSRT Award Program DEADLINE October 15th**

CSRT members are invited to submit nominations for the 2017 CSRT awards program. CSRT members in good standing are eligible for: (1) the **Colya Kaminiarz Award** to recognize an individual who has made significant contributions in professional practice and/or has influenced others towards higher levels of professional practice; (2) the **Robert Merry Award** to recognize an individual who has made significant contributions in the field of RT education and/or has influenced others towards a high level of achievement in RT education; (3) the **Excellence in Pulmonary Function Testing Award** to recognize an individual who has made significant contributions in the field of pulmonary function testing or who has influenced others toward higher levels of achievement in pulmonary diagnostics.

Information on each of the awards, as well as nomination forms are available at the following link: <http://www.csrt.com/award-programs/>.

Call for nominations – CSRT Board of Directors: Deadline November 1

Being a member of the CSRT Board of Directors is more than an added line to your résumé – it provides a great leadership opportunity where you can participate in building and influencing the future of your profession. The Board of Directors is seeking nominations from respiratory therapists who are registered members in good standing to fulfill the following Board profile:

1. Perspective from anesthesia assistants with regional perspective from the Atlantic provinces
2. Perspective from RT students (1st or 2nd year RT student)

Since approved by the membership in June 2011, the Board of Directors is structured according to following “profile”:

- **Perspective, knowledge and skills from each area of practice:** pediatric / neonatology, critical care, chronic disease management; anesthesia, education, leadership / management, student, industry. This structure provides the flexibility of adding positions for registered members-at-large, when required, to fulfill all elements of the proposed profile. Should there be more than one candidates for the above positions, an on-line voting process will be implemented.
- **Regional perspective and knowledge** –Western (BC, AB), Prairies (SK, MB); Ontario, Quebec, Atlantic
- **Perspective and knowledge from one of the non-regulated jurisdictions** –BC, PEI, Territories

More details on the nomination process and nomination form available here: <http://www.csrt.com/call-for-nominations/>.

Student members can vote for CSRT Board member with student perspective

In accordance with the legislation for non-profit organizations adopted in 2014, non-voting members can vote for issues that impact them. As a result, the RT students, who are CSRT members in good standing will have the opportunity to vote for the Board member with the perspective from RT students. As per the above article, in

the event that there is more than one RT student nominated, there will be an on-line voting process. Student members will be invited to vote for the Student Board member. More information will be communicated regarding the voting process in early 2017.

[Update on the Canadian Journal of Respiratory Therapy \(CJRT\)](#)

The CJRT is currently transitioning to a new publisher and online submission system. During this transition, some services might be temporarily disrupted. If you are looking to submit a new manuscript, or if you have any questions regarding the journal, please contact the Managing Editor at editor@csrt.com. The journal continues to be housed at <http://www.pulsus.com/journals/canadian-journal-of-respiratory-therapy.html>, and all issues remain open access. If you haven't already, be sure to check out our Summer issue: <http://www.pulsus.com/journals/canadian-journal-of-respiratory-therapy-current-issue.html>

[Student Promo](#)

We would like to introduce an entirely new contest, which offers more chances for the students to win prizes! We use the same type of promotion for our regular membership and it works very well. The earlier the students join, the more draws they will be entered in to win! All student members as of December 15th will be entered for a chance to win the grand prize: Conference package – travel, accommodation for 3 nights and full registration to conference (value of over \$2,000)!

The following are the upcoming **student membership prizes** and the dates on which they will be drawn:

| DRAW ON | PRIZE |
|---|--|
| October 15 th – New Students | \$100 Prepaid Visa |
| November 15 th – New Students | Membership cost refunded = free membership |
| December 15 th – ALL STUDENT MEMBERS | Conference package: travel, accommodation for 3 nights and full registration to conference |

Winners will be announced on social media and in our monthly newsletters.

The winner of the first prize, drawn on September 15th, is **Jaimie Saxl, of Thompson Rivers University**. She is the recipient of a \$50.00 pre-paid Visa card! Congratulations!

[Are you on social media?](#)

CSRT social media presence is growing! The CSRT has extended its reach internationally through its social media sites (Facebook, Twitter, Instagram and LinkedIn) and now averages over 30 000 impressions per week. Links to peer-reviewed research, job posting, news stories of interest to RTs and fun information are shared daily.

If you are not already following us, we hope you will soon. If you wish to tag us in your posts so that we can share them, please use the CSRT Twitter handle @csrt_tweets tag us in your Facebook and Instagram posts. The CSRT also uses hashtags such as #IAmRT, #WeTheBreath, #SouffleDeVie, #O2bnrrt and #LungNerds; feel free to add these to your posts!

During RT Week, make sure to use #RTWeek and #RTWeek2016!

Advance your practice, become a Certified Respiratory Educator (CRE)

Respiratory therapists are increasingly being called upon to help manage chronic respiratory and cardiopulmonary diseases from the community to acute care. Patient education is a critical component of this care. Take the next step in your career by enhancing your knowledge and preparing to **challenge the Canadian Network for Respiratory Care Certified Respiratory Educator (CRE) examination**.

The Pear Healthcare Solutions Comprehensive Respiratory Educator Program provides you with a convenient way to build your patient education skills and meet the requirements for preparation for credentialing as a CRE. You will learn about:

- communication methods that help to facilitate challenging behaviour change in your patients
- application of current practice guidelines
- program evaluation skills that will help you optimize your patient care interventions, and
- methods for providing brief, interactive and effective education sessions

Their online program offers a unique individualized approach to learning that you can take advantage of wherever, whenever. Work at your own pace while having easy access to our expert faculty via email, Skype, or telephone.

Here is what you can expect when you register for the program:

- Easy to complete, 30 to 45 minute modules focused on specific topics
- Short quizzes to test your knowledge after each module
- Various ways to submit assignments
- Individualized feedback from faculty on assignments including written reflections, case studies, brief patient teaching sessions and demonstration videos

Visit www.healthlearning.ca for more information and to enrol in the Comprehensive Respiratory Educator Program using this unique access code **CRECSRT** today.

New Corporate Members

The CSRT appreciates and values the contributions made by our industry partners and thanks each and every one for their continued support towards the profession. We would like to recognize our latest corporate members:





CSRT On-Line Job Bank Listings

[For details on jobs posted, click here](#)

| Job No. | Job Title | Location | Company | Date Posted |
|---------|--|---------------------------------|---|-------------|
| 1439 | Registered Respiratory Therapist | Rural Alberta, AB | Funktional Sleep Solutions | 9/28/2015 |
| 1457 | CPAP Clinic Respiratory Therapist | Edmonton, AB | Integrated Sleep Group | 1/15/2016 |
| 1493 | Sleep/CPAP Therapist | Abbotsford, BC | Sleeptech | 9/15/2016 |
| 1506 | Registered Respiratory Therapist | Abu Dhabi, United Arab Emirates | Helen Ziegler & Associates | 7/14/2016 |
| 1516 | Sleep Clinician | Victoria, BC | MedPro Respiratory Care | 9/2/2016 |
| 1517 | Registered Respiratory Therapists | Prince Albert, SK | Provincial Home Oxygen Inc. | 9/9/2016 |
| 1518 | RRT Clinical Applications Specialist, Respiratory Care | Burnaby, British Columbia | Tundra Technical Solutions | 9/15/2016 |
| 1519 | Sales Representative | Toronto, ON | Carestream Medical | 9/16/2016 |
| 1520 | Respiratory Therapist | Grand Cayman, Cayman Islands | The Cayman Island Health Services Authority | 9/23/2016 |
| 1521 | Registered Respiratory Therapist | Saskatoon, SK | Prairie Oxygen | 9/27/2016 |

