

## GUIDELINES for creating an ABSTRACT and a POSTER

Posters should be evidence-based and may present the results of various research initiatives including original research, literature reviews, systematic reviews or case presentations.

### Writing an Abstract:

The abstract submitted (**between 250-300 words**) should provide an overview including: Introduction/Objective; Methodology; Results; Conclusion. Abstracts are subject to pre-publication editing and will be published in the *Canadian Journal of Respiratory Therapy*.

An abstract is a succinct description of your work. Visit this website, <http://www.ncsu.edu/project/posters/> to learn more about poster abstracts, and why your abstract should:

**Explain why your work is important** - set the context and pre-empt the question "So what?"  
**Describe the objective(s) of your work.** What are *you* adding to current knowledge?  
**Briefly explain the methods.** Unless the research is about methods, this should not be a major focus of your abstract (or your poster).  
**Succinctly state results, conclusions, and recommendations.** This is what most people want to know. Do not say "We present the results of our study and recommendations for action" - tell them what you found and recommend!

### Creating a Poster:

**The maximum size is 4 feet in height by 6 feet in width (1.22 metres X 1.89metres).**

We do *not* recommend including an abstract on your poster. It is redundant, because a poster is already a succinct description of your work. Writing a good abstract, however, is an important part of having your work accepted for presentation at a conference. An abstract can also serve as an outline for your poster, which can be thought of as an illustrated abstract. Judges will review your abstract when judging your submission.

Visit this website, <http://www.ncsu.edu/project/posters/> to:

- develop guidelines for presenting effective posters
- walk you through the process of creating a poster
- show you examples of posters with commentary on their positive and negative qualities

## Judging Criteria

Note that the judges are looking for the following:

1. Is the topic relevant and of interest to viewers?
2. Does the introduction clearly outline the rationale/purpose of the study, hypothesis and importance of the study to respiratory therapy?
3. Is the method valid?
4. Are the population/subjects, measures/instruments, protocol, data analysis methods clearly described?
5. Is the research thorough and systematic?
6. Does the research design test the hypothesis?
7. Are data, text, figures clearly presented with appropriate labelling/legends; significance indicated?
8. Do the results accurately reflect the evidence?
9. Can the results be replicated reliably?
10. Are the main findings highlighted; do the conclusions relate directly to findings and implications for practice?
11. Does the author draw an accurate conclusion?
12. Does the scientific content show knowledge translation, is it evidence-based, does it have clarity?
13. Does the poster provide sufficient references?

## Poster Creation and Display

Participants are responsible for their poster presentation. Posters will remain on display for the duration of the CSRT Annual Education Conference. Presenters are required to install their own exhibits or, if unable to comply with this requirement, may delegate the responsibility to another individual (except exhibit judges). Instructions regarding the exact times that exhibits must be installed and dismantled will accompany the acknowledgement of your acceptance to the program. We ask you to spend some time by your poster during the coffee and lunch breaks so that you might be able to answer questions from delegates and judges.

**Remember** to complete the entry form on the CSRT website, and submit your abstract by **April 5, 2019**. If you have any questions, concerns or comments, please contact [conference@csrt.com](mailto:conference@csrt.com)  
We look forward to seeing your abstracts and posters!