McMaster Continuing Education (MCE) has been delivering excellence in lifelong learning for 90+ years. MCE is one of Canada's largest and leading providers of certificate and diploma programs, professional development education, custom, and corporate training.

The listed educational offerings have been approved for a specified number of continuing education credits/professional development credits by the Canadian Society of Respiratory Therapists. McMaster University Continuing Education maintains all responsibility for this offering and its content.

Course list and approved credits
Click on the program name to visit the course list, descriptions, and schedule.

Applied Clinical Research

ACR 101: Principles of Clinical Research	36 credits
ACR 102: Research Ethics	39 credits
ACR 103: Clinical Trial Design	39 credits
ACR 104: Clinical Trial Management	39 credits
ACR 105: Clinical Research Capstone	36 credits

Essentials Program

ESS 797: Art of Active Listening	3.5 credits
ESS 800: Mastering Self-Awareness and Behaviour in Difficult Situations	3.5 credits
ESS 804: Future-Focused Navigating Complexity with Strategic Planning	7 credits
ESS 805: Unconscious Bias – How We Make Decisions	3.5 credits
ESS 807: Cultivate Belonging with Personality Dimensions	7 credits
ESS 809: Gender-Inclusive Communication and Collaboration	7 credits
ESS 810: Navigating Change for Success	7 credits
ESS 811: Leadership Foundations	7 credits
ESS 812: Leading Change for Success	7 credits
ESS 813: Personal Leadership – Building from Our Strengths	7 credits
ESS 821: Exploring Modern-day Work and the Benefits of the Multigeneration Workplace:	3.5 credits
ESS 834: Giving and Receiving Constructive Feedback	7 credits
ESS 835: Emotional Intelligence at Work	7 credits
ESS 836: Snapshot to Project Management	14 credits
ESS 837: Achieving Goals with SMARTS	7 credits

ESS 838: Delivering Powerful Presentations	7 credits
ESS 862: Creative & Critical Thinking	14 credits
ESS 874: Finance for Non-Financial Managers	14 credits
ESS 877: Negotiation Skills	7 credits
ESS 895: Effective Business Writing	7 credits
ESS 899: Navigating Workplace Conflict – Building Stronger Teams through Resolution	7 credits
ESS 902: Coaching and Mentoring	14 credits
ESS 903: Managing in a Unionized Environment	7 credits
ESS 904: Influencing Others with Confidence and Success	3.5 credits
ESS 905: Remote Work – Strategies for Efficiency	3.5 credits
ESS 906: How to Pick Up the Pieces – Leadership, Motivation and Gratitude in Action	3.5 credits
ESS 907: Effective Prioritization to Improve Decision Making, Manage Workload and Improve Well Being	3.5 credits
ESS 908: Unconscious Bias – Moving from Bystander to Advocate	3.5 credits
ESS 912: Your Energy Currency – Enhancing and Improving Emotional Self-Awareness	3.5 credits
ESS 914: Tactical Humor: Leveraging the Funny to Build Connections, Camaraderie and Community	3.5 credits
ESS 913: Flexible Work As a Catalyst for Organizational Agility and Well-Being	3.5 credits
ESS 915: Scared Scriptless: Improv Bootcamp Presentation Skills Training	3.5 credits

Health and Wellness Coaching

NHW 100: Nutrition Fundamentals	39 credits
NHW 100: Nutrition, Fitness and Healthy Living	39 credits
HWC 200: Behaviour Change for Health and Wellness	39 credits
HWC 201: Motivating for Health and Wellness	39 credits
HWC 202: Health and Wellness Coaching – Principles and Practice	39 credits
HWC 203: Program Design, Delivery and Evaluation	39 credits

HWC 204: Coaching Clients with Chronic Conditions	39 credits
BUS 825: Business Foundations	39 credits
HRM 941: Wellness in the Workplace	39 credits

Health Informatics

HTH 101: Health Information Management I	36 credits
HTH 103: Professionalism, Ethics and Professional Standards	36 credits
HTH 104: Privacy, Confidentiality and Security	36 credits
HTH 105: Information Systems & Technology	36 credits
HTH 109: Systems Analysis and Evaluation	36 credits
HTH 110: Health Informatics Data Analysis	36 credits
HTH 111: Project Management in the Health Sector	36 credits
HTH 120: Foundations in Health Informatics	36 credits
HTH 121: Health Data Standards and Classifications	36 credits
HTH 122: Quality Performance Evaluation	36 credits

Health Analytics

HAD 101: Foundations of Health Data	20 credits
HAD 102: Statistical Analysis for Health Data	20 credits
HAD 103: Communicating with Data	20 credits
HAD 104: Predictive Analytics for Health Data	20 credits